

MOUTHPIECE FOR REDUCING SNORING

Abstract Of Th Discl sur

A mouthpiece and method for reducing snoring comprise a mouthpiece
5 body of a thermoplastic material having a shape generally complementary to
the person's dental arch, including a posterior end having two spaced apart
members positioned toward the back of the person's dental arch when
properly worn, and an anterior end having an airway opening therethrough,
the anterior end positioned when properly worn to support the person's lips
10 spaced apart so that air flows through the airway opening; and a substantially
rigid protective mold of a thermostable material, the protective mold protecting
at least a periphery of the mouthpiece body.